

\_\_\_\_\_ Rsvp:

\_\_\_\_\_ TIME:

\_\_\_\_\_ DATE:

\_\_\_\_\_ FOR:

- Please make sure to follow all Covid-19 protocols including temperature checks at the door, all those 5 years and older must wear a mask, hands must be sanitized upon entering, and maintain 6 feet distance from others.
- All guest must RSVP on our website at [www.paragonymnastics.com/programs/parties](http://www.paragonymnastics.com/programs/parties). Click on button labeled "Guest RSVP" and find the party child's name on the date of party to RSVP and fill out waiver form. Call 540-548-4966 for questions.
- No dangly jewelry (e.g. bracelets, necklaces) or earrings other than studs.
- Wear comfortable gym clothes
- Be ready for a flippin' fun time at Paragon!

### Directions

From I 95 take exit 130 (VA 3 West towards Culpeper). Continue on Rt. 3 West for 1.2 miles to Chancellor Center on the right. We are located in that shopping center.



# PARAGON

## — GYM FOR KIDS —

4175 Plank Rd  
 Fredericksburg, VA 22407  
 540-548-4966

[www.paragonymnastics.com](http://www.paragonymnastics.com)